

2:00 Shopping Trip- Walmart (OS)

10:30 Documentary- Night on Earth

2:00 Shopping Trip- City Market &

1:30 Movie- Friday Night Lights

3:30 PH Velcro Darts (1NN)

(THE)

(THE)

15

(TAV)

(TAV)

22

(THE)

29

(THE)

Walgreens (OS)

3:30 PH Bowling (1NN)

3:30 PH Ring Toss (1NN)

9:30 PH Yoga with Sana (CHA)

November 2023			ROARING FORK SENIOR LIVING		
Sunday	Monday	Tuesday	Wednesday	Thursday	
			1	2	
			9:30 PH Yoga with Sana (CHA)	9:30 50 Bingo (TAV)	
			10:30 M Documentary- Night on Ea	arth 10:30 Norld Experience- "Down to	
			(THE)	Earth" (THE)	
			1:30 Movie-Under the same M	oon 1:00 PH Keep fit with Kim (1NN)	
			(THE)	2:00 M Painting Club (TAV)	

(THE)

14

(THE)

9:30 M The Lincoln Lawyer (THE)

1:00 Life Enrichment Meeting

9:30 M The Lincoln Lawyer (THE)

12:30 SO Hot Coco Social (TAV)

2:00 Movie- Cool Hand Luke

9:30 The Lincoln Lawyer (THE)

2:00 Movie- It's a mad, mad, mad

9:30 M The Lincoln Lawyer (THE)

12:30 50 Hot Coco Social (TAV)

2:00 Movie- Everything,

everywhere all at once (THE)

3:30 N Trivia (TAV)

12:30 SO Hot Coco Social (TAV)

10:30 M Collages (TAV)

3:30 N Trivia (TAV)

10:30 ™ Collages (TAV)

3:30 N Trivia (TAV)

10:30 M Collages (TAV)

world (THE)

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12:30 SO Hot Coco Social (TAV)

2:30 Movie- Gandi (THE)

10:30 Scrabble (TAV)

9:30 Tea, Cookies and Talking (TAV)

9:30 Tea, Cookies and Talking (TAV)

9:30 Mary Tea, Cookies and Talking (TAV)

9:30 Tea, Cookies and Talking (TAV)

10:30 Armchair Travel- Art: Prehistoric

10:00 SP Catholic Communion (CHA)

1:00 PH Improved health guided

3:00 SO Happy Hour (TAV)

10:00 SP Catholic Communion (CHA)

10:30 Armchair Travel- Art of the

1:00 PH Improved health guided

3:00 So Happy Hour (TAV)

10:00 SP Catholic Communion (CHA)

10:30 Armchair Travel- Art of the

1:00 PH Improved health guided

3:00 SO Happy Hour (TAV)

10:30 Armchair Travel- Art of the

1:00 PH Improved health guided

3:00 SO Happy Hour (TAV)

Middle Ages (THE)

Renaissance (THE)

Baroque Age (THE)

and Ancient (THE)

workout (CHA)

workout (CHA)

27

workout (CHA)

workout (CHA)

13

Friday

10

4:30 Dinner Theater- "Raiders of

10:30 Norld Experience- "Down to

4:30 Dinner Theater- "The Temple

1:00 PH Keep fit with Kim (1NN)

2:00 Resident Council (THE)

the Lost Ark" (TAV)

Earth" (THE)

of Doom" (TAV)

SP Spiritual

9:30 50 Bingo (TAV)

9

9:30 Solution Glenwood Library (OS)

12:30 PH Balloon Volleyball (TAV)

10:00 Music and movement (CHA)

2:00 SO Plinko (TAV)

2:30 50 Hang Man (TAV)

3:00 SO Happy Hour (TAV)

11:30 SO Lunch at Chilli's (OS)

2:00 SO Plinko (TAV)

2:30 **501** Hang Man (TAV)

3:00 SO Happy Hour (TAV)

1:00 PH Balloon Volleyball (TAV)

Saturday

11

9:30 SP Meditation (CHA)

3:30 SO Dominoes (TAV)

9:30 SP Meditation (CHA)

10:30 SO Improve Group (DR)

3:30 so Dominoes (TAV)

2:00 M Saturday Cinema (THE)

other Disasters" (THE)

10:30 So Donuts & Beverages (TAV)

12:30 PH Saturday Stretches (CHA)

2:00 M Saturday Cinema- "Love and

10:30 SO Donuts & Beverages (TAV)

10:30 Morning Workout

12:30 Intellectual

Conversations (CHA)

was Won (THE)

11:00 M Football Sunday (TAV)

2:00 Movie- How the West

4:00 SP Mindfulness Reminder

10:30 Morning Workout

12:30 Intellectual

Conversations (CHA)

Story (THE)

(CHA) 19

(THE)

(CHA) 26

(THE)

11:00 M Football Sunday (TAV)

2:00 Movie-Never Ending

4:00 SP Mindfulness Reminder

10:30 Morning Workout

2:00 Movie-The Father

10:30 PH Morning Workout

12:30 Intellectual

Conversations (CHA)

Texas (THE)

(CHA)

11:00 M Football Sunday (TAV)

2:00 Movie- A small town in

4:00 SP Mindfulness Reminder

4:00 Mindfulness Reminder

12:30 Intellectual

Conversations (CHA)

11:00 M Football Sunday (TAV)

(THE)

(CHA) 12

Intellectual cc Community Engagement PH Physical SO Social EM Emotional Sp Spiritual

Bold activity = Sign up mandatory