



SUN

MON

TUE

WED

THU

FRI

SAT

<p>Virtual Church Services 8:30am- New Creations 9:00am- Emanuel Lutheran 10:00am- Good Shepard Lutheran 10:00am- St. Barnabas Episcopal</p>	<p>SO 9:30 Monday Morning Conversation 1 SO 10:00 Eldergrow PH 10:30 Jazzercise (BIS) SO 10:30 Lunch Bunch (OS) SO 2:30 Happy Hour (BIS) IN 3:00 This Week in History (DR)</p>	<p>PH 9:30 Zumba Class (BIS) SO 10:30 Book Club w/ Sandy (RR) 2 EM 1:00 What's Cookin' (BIS) SO 2:00 Sippin' Social (BIS) SP 3:00 Music & the Word w/ Shane EM 4:00 Did You Know? (BIS)</p>	<p>CE 9:30 Coffee & Donuts (DR) 3 SO 10:00 Eldergrow PH 2:00 Total Body Strengthening (BN) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN)</p>	<p>SO 9:30 Rise and Shine Social (CY) 4 PH 10:00 Movin' & Groovin' with Jenny (BIS) PH 1:30 Staying Fit with Kim (BN) SO 2:00 National Burrito Day! (BIS) SO 4:00 View Point (DR) IN 4:30 Dinner Theater (BIS)</p>	<p>SO 9:30 Friday Coffee Social (BIS) 5 SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 12:30 Brain Games EM 1:30 Live Music with Jimmy (AN) SO 2:30 Happy Hour (BIS) SO 3:00 Funny Friday (BIS)</p>	<p>PH 9:30 Morning Stretches (BIS) 6 SO 10:00 Bowling (BN) SO 1:00 Mocktails (BIS) EM 2:30 Saturday Cinema (AN) SO 3:30 Sunshine Therapy (CY)</p>
<p>PH 9:30 Ball Game (AN) 7 EM 10:00 Art Club (BIS) SO 1:00 Dominoes! (BIS) SO 2:00 Sunday Smoothies IN 3:00 Sensory Sundays (BIS) EM 3:30 Sunshine Therapy (CY)</p>	<p>SO 9:30 Monday Morning Conversation 8 EM 9:45 Art Class In Glenwood (OS) SO 10:00 Eldergrow PH 10:30 Jazzercise (BIS) EM 1:30 Live Music with Jimmy (AN) SO 2:30 Happy Hour (BIS) IN 3:00 This Week in History (DR)</p>	<p>PH 9:30 Zumba Class (BIS) 9 SO 10:30 Book Club w/ Sandy (RR) EM 1:00 Baking class (BIS) SO 2:00 Sippin' Social (BIS) SP 3:00 Music & the Word w/ Shane EM 4:00 Did You Know? (BIS)</p>	<p>CE 9:30 Coffee & Donuts (DR) 10 SO 10:00 Eldergrow PH 2:00 Total Body Strengthening (BN) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN)</p>	<p>SO 9:30 Rise and Shine Social (CY) 11 PH 10:00 Movin' & Groovin' with Jenny (BIS) PH 1:30 Staying Fit with Kim (BN) SO 2:00 National Fondue Day! (BIS) SO 4:00 View Point (DR) IN 4:30 Dinner Theater (BIS)</p>	<p>SO 9:30 Friday Coffee Social (BIS) 12 SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 12:30 Brain Games EM 1:30 Live Music with Jimmy (AN) SO 2:30 Happy Hour (BIS) SO 3:00 Funny Friday (BIS)</p>	<p>PH 9:30 Morning Stretches (BIS) 13 SO 10:00 Bowling (BN) SO 1:00 Mocktails (BIS) EM 2:30 Saturday Cinema (AN) SO 3:30 Sunshine Therapy (CY)</p>
<p>PH 9:30 Ball Game (AN) 14 EM 10:00 Art Club (BIS) SO 1:00 Bingo (BIS) SO 2:00 Sunday Smoothies IN 3:00 Sensory Sundays (BIS) C 3:30 Sunshine Therapy (CY)</p>	<p>SO 9:30 Monday Morning Conversation 15 SO 10:00 Eldergrow PH 10:30 Jazzercise (BIS) SO 10:30 Picnic in the Park (OS) EM 1:30 Live Music with Jimmy (AN) SO 2:30 Happy Hour (BIS) IN 3:00 This Week in History (DR)</p>	<p>PH 9:30 Zumba Class (BIS) 16 SO 10:30 Book Club w/ Sandy (RR) EM 1:00 What's Cookin' (BIS) SO 2:00 Sippin' Social (BIS) SP 3:00 Music & the Word w/ Shane EM 4:00 Did You Know? (BIS)</p>	<p>CE 9:30 Coffee & Donuts (DR) 17 SO 10:00 Eldergrow PH 2:00 Total Body Strengthening (BN) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN)</p>	<p>SO 9:30 Rise and Shine Social (CY) 18 PH 10:00 Movin' & Groovin' with Jenny (BIS) PH 1:30 Staying Fit with Kim (BN) SO 2:00 Pretzel Day (BIS) SO 4:00 View Point (DR) IN 4:30 Dinner Theater (BIS)</p>	<p>SO 9:30 Friday Coffee Social (BIS) 19 SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 12:30 Brain Games SO 2:30 Happy Hour (BIS) SO 3:00 Funny Friday (BIS)</p>	<p>PH 9:30 Morning Stretches (BIS) 20 SO 10:00 Bowling (BN) SO 1:00 Mocktails (BIS) EM 2:30 Saturday Cinema (AN) SO 3:30 Sunshine Therapy (CY)</p>
<p>PH 9:30 Ball Game (AN) 21 EM 10:00 Art Club (BIS) SO 1:00 Dominoes! (BIS) SO 2:00 Sunday Smoothies IN 3:00 Sensory Sundays (BIS) EM 3:30 Sunshine Therapy (CY)</p>	<p>SO 9:30 Monday Morning Conversation 22 SO 10:00 Eldergrow PH 10:30 Jazzercise (BIS) PH 1:30 Earth Day River Walk (OS) SO 2:30 Happy Hour (BIS) IN 3:00 This Week in History (DR)</p>	<p>PH 9:30 Zumba Class (BIS) 23 SO 10:30 Book Club w/ Sandy (RR) EM 1:00 Baking class (BIS) SO 2:00 Sippin' Social (BIS) SP 3:00 Music & the Word w/ Shane EM 4:00 Did You Know? (BIS)</p>	<p>CE 9:30 Coffee & Donuts (DR) 24 SO 10:00 Eldergrow PH 2:00 Total Body Strengthening (BN) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN)</p>	<p>SO 9:30 Rise and Shine Social (CY) 25 PH 10:00 Movin' & Groovin' with Jenny (BIS) PH 1:30 Staying Fit with Kim (BN) SO 2:00 Zucchini Bread Day! SO 4:00 View Point (DR) IN 4:30 Dinner Theater (BIS)</p>	<p>SO 9:30 Friday Coffee Social (BIS) 26 SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 12:30 Brain Games EM 1:30 Live Music with Jimmy (AN) SO 2:30 Happy Hour (BIS) SO 3:00 Funny Friday (BIS)</p>	<p>PH 9:30 Morning Stretches (BIS) 27 SO 10:00 Bowling (BN) SO 1:00 Mocktails (BIS) EM 2:30 Saturday Cinema (AN) SO 3:30 Sunshine Therapy (CY)</p>
<p>PH 9:30 Ball Game (AN) 28 EM 10:00 Art Club (BIS) SO 1:00 Bingo (BIS) SO 2:00 Sunday Smoothies IN 3:00 Sensory Sundays (BIS) EM 3:30 Sunshine Therapy (CY)</p>	<p>SO 9:30 Monday Morning Conversation 29 SO 10:00 Eldergrow PH 10:30 Jazzercise (BIS) SO 10:30 Lunch Bunch (OS) SO 2:30 Happy Hour (BIS) IN 3:00 This Week in History (DR)</p>	<p>PH 9:30 Zumba Class (BIS) 30 SO 10:30 Book Club w/ Sandy (RR) EM 1:00 What's Cookin' (BIS) SO 2:00 Sippin' Social (BIS) SP 3:00 Music & the Word w/ Shane EM 4:00 Did You Know? (BIS)</p>				
<p>All Activities Are Subject To Change</p>					<p>IN Intellectual CE Community Engagement PH Physical SO Social EM Emotional C Spiritual</p>	<p>BIS = Bistro BN = B Neighborhood DR = Dining Room AN = A Neighborhood CY = Courtyard OS = Off Site, RR = Reading Room</p>