



ROARING FORK
SENIOR LIVING



JULY

MONARCH HOUSE

2024

SUN MON TUE WED THU FRI SAT

SUN	MON	TUE	WED	THU	FRI	SAT
Virtual Church Services 8:30am- New Creations 9:00am- Emanuel Lutheran 10:00am- Good Shepard Lutheran 10:00am- St. Barnabas Episcopal	SO 9:30 Monday Morning Conversation 1 SO 10:00 Eldergrow PH 10:30 Jazzercise (BIS) SO 11:15 Lunch Bunch (OS) EM 1:30 Live Music w/Jimmy (AN) SO 2:30 Happy Hour (BIS) IN 3:30 This Week in History (DR) IN 4:00 Think Tank (BIS) EM 5:15 Mystery Mondays (AN)	PH 9:30 Zumba Class (BIS) 2 SO 10:30 Book Club w/ Sandy (RR) EM 1:00 Baking class (BIS) SO 2:30 Sippin' Social (BIS) EM 3:30 Painting Group (BIS) EM 4:00 Did You Know? (BIS) EM 5:15 Sci-Fi Movie Night (BIS)	CE 9:30 Coffee & Donuts (DR) 3 SO 10:00 Eldergrow PH 1:30 Yoga (BN) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN) EM 5:15 Western Wednesdays (AN)	SO 9:30 Rise and Shine Social (CY) 4 PH 10:30 Movin' & Groovin' with Jenny (BIS) PH 1:30 Staying Fit with Kim (BN) SO 2:00 4th of July Celebration (COM) SO 4:00 View Point (DR) IN 4:30 Dinner Theater (BIS)	SO 9:30 Friday Coffee Social (BIS) 5 SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 1:30 Brain Games SO 2:30 Happy Hour (BIS) SO 3:30 Funny Friday (BIS) IN 4:00 Think Tank (BIS) EM 5:15 Romance Movie Night (AN)	PH 9:30 Morning Stretches (BIS) 6 PH 10:00 Cornhole (BN) SO 1:00 Mocktails (BIS) EM 2:30 Saturday Cinema (AN) EM 3:30 Sunshine Therapy (CY)
PH 9:30 Ball Game (AN) 7 EM 10:30 Willow Family Tree (BIS) SO 1:30 Bingo (BIS) SO 2:30 Sunday Smoothies IN 3:00 Sensory Sundays (BIS) EM 3:30 Sunshine Therapy (CY)	EM 9:30 Carbondale Clay Art Class (OS) 8 SO 9:30 Monday Morning Conversation SO 10:00 Eldergrow PH 10:30 Jazzercise (BIS) SO 2:30 Happy Hour (BIS) IN 3:30 This Week in History (DR) IN 4:00 Think Tank (BIS) EM 5:15 Mystery Mondays (AN)	PH 9:30 Zumba Class (BIS) 9 SO 10:30 Book Club w/ Sandy (RR) EM 1:30 What's Cookin' (BIS) SO 2:30 Sippin' Social (BIS) EM 4:00 Did You Know? (BIS) EM 5:15 Sci-Fi Movie Night (BIS)	CE 9:30 Coffee & Donuts (DR) 10 SO 10:00 Eldergrow PH 1:30 Yoga (BN) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN) EM 5:15 Western Wednesdays (AN)	SO 9:30 Rise and Shine Social (CY) 11 PH 10:30 Movin' & Groovin' with Jenny (BIS) PH 1:30 Staying Fit with Kim (BN) SO 2:30 Blueberry Muffin Day (BIS) SO 3:30 View Point (DR) IN 4:30 Dinner Theater (BIS)	SO 9:30 Friday Coffee Social (BIS) 12 SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 1:30 Live Music w/Jimmy (AN) SO 2:30 Happy Hour (BIS) SO 3:30 Funny Friday (BIS) IN 4:00 Think Tank (BIS) EM 5:15 Romance Movie Night (AN)	PH 9:30 Morning Stretches (BIS) 13 PH 10:00 Cornhole (BN) SO 1:00 Mocktails (BIS) EM 2:30 Saturday Cinema (AN) EM 3:30 Sunshine Therapy (CY)
PH 9:30 Ball Game (AN) 14 EM 10:30 Cupcake Liner Fireworks (BIS) SO 1:30 Bingo (BIS) SO 2:30 Sunday Smoothies IN 3:00 Sensory Sundays (BIS) EM 3:30 Sunshine Therapy (CY)	SO 9:30 Monday Morning Conversation 15 SO 10:00 Eldergrow PH 10:30 Jazzercise (BIS) SO 11:15 Lunch Bunch (OS) SO 2:30 Happy Hour (BIS) IN 3:30 This Week in History (DR) IN 4:00 Think Tank (BIS) EM 5:15 Mystery Mondays (AN)	PH 9:30 Zumba Class (BIS) 16 SO 10:30 Book Club w/ Sandy (RR) EM 1:30 Baking class (BIS) SO 2:30 Sippin' Social (BIS) EM 3:30 Painting Group (BIS) EM 4:00 Did You Know? (BIS) EM 5:15 Sci-Fi Movie Night (BIS)	CE 9:30 Coffee & Donuts (DR) 17 SO 10:00 Eldergrow PH 1:30 Yoga (BN) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN) EM 5:15 Western Wednesdays (AN)	SO 9:30 Rise and Shine Social (CY) 18 PH 10:30 Movin' & Groovin' with Jenny (BIS) PH 1:30 Staying Fit with Kim (BN) SO 2:30 Sweet or Sour? (BIS) SO 3:30 View Point (DR) IN 4:30 Dinner Theater (BIS)	SO 9:30 Friday Coffee Social (BIS) 19 SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 1:30 Live Music w/Jimmy (AN) SO 2:30 Happy Hour (BIS) SO 3:30 Funny Friday (BIS) IN 4:00 Think Tank (BIS) EM 5:15 Romance Movie Night (AN)	PH 9:30 Morning Stretches (BIS) 20 PH 10:00 Cornhole (BN) SO 1:00 Mocktails (BIS) EM 2:30 Saturday Cinema (AN) EM 3:30 Sunshine Therapy (CY)
PH 9:30 Ball Game (AN) 21 EM 10:30 Plastic Straw Coasters (BIS) SO 1:30 Bingo (BIS) SO 2:30 Sunday Smoothies IN 3:00 Sensory Sundays (BIS) EM 3:30 Sunshine Therapy (CY)	SO 9:30 Monday Morning Conversation 22 SO 10:00 Eldergrow PH 10:30 Jazzercise (BIS) EM 1:30 Live Music with Jamie (AN) SO 2:30 Happy Hour (BIS) IN 3:30 Walk in the Park (OS) IN 4:00 Think Tank (BIS) EM 5:15 Mystery Mondays (AN)	PH 9:30 Zumba Class (BIS) 23 SO 10:30 Book Club w/ Sandy (RR) EM 1:30 What's Cookin' (BIS) SO 2:30 Sippin' Social (BIS) EM 4:00 Did You Know? (BIS) EM 5:15 Sci-Fi Movie Night (BIS)	CE 9:30 Coffee & Donuts (DR) 24 SO 10:00 Eldergrow PH 1:30 Yoga (BN) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN) EM 5:15 Western Wednesdays (AN)	SO 9:30 Rise and Shine Social (CY) 25 PH 10:30 Movin' & Groovin' with Jenny (BIS) PH 1:30 Staying Fit with Kim (BN) SO 2:30 Bagelfest! (BIS) SO 3:30 View Point (DR) IN 4:30 Dinner Theater (BIS)	SO 9:30 Friday Coffee Social (BIS) 26 SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 1:30 Brain Games SO 2:30 Happy Hour (BIS) SO 3:30 Funny Friday (BIS) IN 4:00 Think Tank (BIS) EM 5:15 Romance Movie Night (AN)	PH 9:30 Morning Stretches (BIS) 27 PH 10:00 Cornhole (BN) SO 1:00 Mocktails (BIS) EM 2:30 Saturday Cinema (AN) EM 3:30 Sunshine Therapy (CY)
PH 9:30 Ball Game (AN) 28 EM 10:30 Art Club (BIS) SO 1:30 Dominoes! (BIS) SO 2:00 Sunday Smoothies IN 3:00 Sensory Sundays (BIS) EM 3:30 Sunshine Therapy (CY)	SO 9:30 Monday Morning Conversation 29 SO 10:00 Eldergrow PH 10:30 Jazzercise (BIS) SO 11:15 Lunch Bunch (OS) EM 1:30 Live Music with Jamie (AN) SO 2:30 Happy Hour (BIS) IN 3:30 This Week in History (DR) IN 4:00 Think Tank (BIS) EM 5:15 Mystery Mondays (AN)	PH 9:30 Zumba Class (BIS) 30 SO 10:30 Book Club w/ Sandy (RR) EM 1:30 Baking class (BIS) SO 2:30 Sippin' Social (BIS) EM 3:30 Painting Group (BIS) EM 4:00 Did You Know? (BIS) EM 5:15 Sci-Fi Movie Night (BIS)	CE 9:30 Coffee & Donuts (DR) 31 SO 10:00 Eldergrow PH 1:30 Yoga (BN) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN) EM 5:15 Western Wednesdays (AN)			
					IN Intellectual CE Community Engagement PH Physical SO Social EM Emotional C Spiritual	BIS = Bistro BN = B Neighborhood DR = Dining Room AN = A Neighborhood CY = Courtyard OS = Off Site, RR = Reading Room

All Activities Are Subject To Change