



# JANUARY 2025

MONARCH HOUSE



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<p><b>TAV</b> = Tavern <b>OS</b> = Off Site <b>CHA</b> = Chapel <b>2SN</b> = 2nd Floor South Neighborhood <b>THE</b> = Theater <b>INN</b> = 1st Floor North Neighborhood <b>LIB</b> = Library <b>DR</b> = Dining Room</p>	<p><b>IN</b> INTELLECTUAL <b>CE</b> COMMUNITY ENGAGEMENT <b>PH</b> PHYSICAL <b>SO</b> SOCIAL <b>EM</b> EMOTIONAL <b>SP</b> SPIRITUAL</p>		<p><b>1</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>EM 1:30</b> Where in the World? (BN) <b>EM 2:30</b> Cooking Class <b>SO 3:30</b> Table Tennis (BIS) <b>EM 5:30</b> Western Wednesdays (AN)</p>	<p><b>2</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>PH 10:30</b> Morning Mediation (AN) <b>PH 1:30</b> Staying Fit with Kim (BN) <b>SO 2:30</b> Pie O'Clock (BIS) <b>SO 3:30</b> Painted Looking Glass (BIS) <b>IN 4:30</b> Dinner Theater (BIS)</p>	<p><b>3</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>IN 1:30</b> Brain Games <b>SO 2:30</b> Happy Hour (BIS) <b>PH 3:30</b> Checkers (BN) <b>EM 5:30</b> Funny Friday (AN)</p>	<p><b>4</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> Morning Stretches (BIS) <b>SO 10:30</b> Roly-Poly (BIS) <b>SO 1:30</b> Mocktails (BIS) <b>EM 2:30</b> Saturday Cinema (AN) <b>EM 3:30</b> Whac-a-Mole (CY) <b>EM 4:30</b> Saturday Cinema (AN)</p>
<p><b>5</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>SO 9:30</b> Sunday-Fun-Day (BIS) <b>EM 10:30</b> Art Club (BIS) <b>PH 1:30</b> Honor Society Fitness Class (BIS) <b>SO 2:30</b> Sunday smoothie (BIS) <b>PH 3:30</b> Balloon Volleyball (AN)</p>	<p><b>6</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>11:15</b> Lunch Bunch <b>IN 1:30</b> This Week in History (BIS) <b>PH 2:00</b> Yoga with Sana (BN) <b>SO 2:30</b> Happy Hour (BIS) <b>EM 3:30</b> Art Class (BIS) <b>EM 5:30</b> Musical Mondays (AN)</p>	<p><b>7</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Book Club w/ Sandy (RR) <b>IN 1:30</b> Trivia Tuesdays! (BIS) <b>SO 2:30</b> Sippin' Social Features Jelly Bean Roulette (BIS) <b>PH 3:30</b> Put Put (BN) <b>EM 5:30</b> Sci-Fi Movie Night (BIS)</p>	<p><b>8</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>EM 1:30</b> Where in the World? (BN) <b>EM 2:30</b> Cooking Class <b>SO 3:30</b> Table Tennis (BIS) <b>EM 5:30</b> Western Wednesdays (AN)</p>	<p><b>9</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>PH 10:30</b> Morning Mediation (AN) <b>PH 1:30</b> Staying Fit with Kim (BN) <b>SO 2:30</b> Pie O'Clock (BIS) <b>SO 3:30</b> Hand Strength Squeezers (BIS) <b>IN 4:30</b> Dinner Theater (BIS)</p>	<p><b>10</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>IN 1:30</b> Brain Games <b>SO 2:30</b> Happy Hour (BIS) <b>PH 3:30</b> Uno! (BN) <b>EM 5:30</b> Funny Friday (AN)</p>	<p><b>11</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> Morning Stretches (BIS) <b>SO 10:30</b> Roly-Poly (BIS) <b>SO 1:30</b> Mocktails (BIS) <b>EM 2:30</b> Saturday Cinema (AN) <b>EM 3:30</b> Whac-a-Mole (CY) <b>EM 4:30</b> Saturday Cinema (AN)</p>
<p><b>12</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>SO 9:30</b> Sunday-Fun-Day (BIS) <b>EM 10:30</b> Art Club (BIS) <b>PH 1:30</b> Honor Society Fitness Class (BIS) <b>SO 2:30</b> Sunday smoothie (BIS) <b>PH 3:30</b> Balloon Volleyball (AN)</p>	<p><b>13</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>11:15</b> Lunch Bunch <b>IN 1:30</b> This Week in History (BIS) <b>PH 2:00</b> Yoga with Sana (BN) <b>SO 2:30</b> Happy Hour (BIS) <b>EM 3:30</b> Art Class (BIS) <b>EM 5:30</b> Musical Mondays (AN)</p>	<p><b>14</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Book Club w/ Sandy (RR) <b>IN 1:30</b> Trivia Tuesdays! (BIS) <b>SO 2:30</b> Sippin' Social Features Jelly Bean Roulette (BIS) <b>PH 3:30</b> Put Put (BN) <b>EM 5:30</b> Sci-Fi Movie Night (BIS)</p>	<p><b>15</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>EM 1:30</b> Where in the World? (BN) <b>EM 2:30</b> Cooking Class <b>SO 3:30</b> Table Tennis (BIS) <b>EM 5:30</b> Western Wednesdays (AN)</p>	<p><b>16</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>PH 10:30</b> Morning Mediation (AN) <b>PH 1:30</b> Staying Fit with Kim (BN) <b>SO 2:30</b> Pie O'Clock (BIS) <b>SO 3:30</b> Confetti Catch All (BIS) <b>IN 4:30</b> Dinner Theater (BIS)</p>	<p><b>17</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>IN 1:30</b> Brain Games <b>SO 2:30</b> Happy Hour (BIS) <b>PH 3:30</b> Would You Rather? (BN) <b>EM 5:30</b> Funny Friday (AN)</p>	<p><b>18</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> Morning Stretches (BIS) <b>SO 10:30</b> Roly-Poly (BIS) <b>SO 1:30</b> Mocktails (BIS) <b>EM 2:30</b> Saturday Cinema (AN) <b>EM 3:30</b> Whac-a-Mole (CY) <b>EM 4:30</b> Saturday Cinema (AN)</p>
<p><b>19</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>SO 9:30</b> Sunday-Fun-Day (BIS) <b>EM 10:30</b> Art Club (BIS) <b>PH 1:30</b> Honor Society Fitness Class (BIS) <b>SO 2:30</b> Sunday smoothie (BIS) <b>PH 3:30</b> Balloon Volleyball (AN)</p>	<p><b>20</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>11:15</b> Lunch Bunch <b>IN 1:30</b> This Week in History (BIS) <b>PH 2:00</b> Yoga with Sana (BN) <b>SO 2:30</b> Happy Hour (BIS) <b>EM 3:30</b> Art Class (BIS) <b>EM 5:30</b> Musical Mondays (AN)</p>	<p><b>21</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Book Club w/ Sandy (RR) <b>IN 1:30</b> Trivia Tuesdays! (BIS) <b>SO 2:30</b> Sippin' Social Features Jelly Bean Roulette (BIS) <b>PH 3:30</b> Put Put (BN) <b>EM 5:30</b> Sci-Fi Movie Night (BIS)</p>	<p><b>22</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>EM 1:30</b> Where in the World? (BN) <b>EM 2:30</b> Cooking Class <b>SO 3:30</b> Table Tennis (BIS) <b>EM 5:30</b> Western Wednesdays (AN)</p>	<p><b>23</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>PH 10:30</b> Morning Mediation (AN) <b>PH 1:30</b> Staying Fit with Kim (BN) <b>SO 2:30</b> Pie O'Clock (BIS) <b>SO 3:30</b> Doves Of Peace (BIS) <b>IN 4:30</b> Dinner Theater (BIS)</p>	<p><b>24</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>IN 1:30</b> Brain Games <b>SO 2:30</b> Happy Hour (BIS) <b>PH 3:30</b> Dominoes! (BN) <b>EM 5:30</b> Funny Friday (AN)</p>	<p><b>25</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> Morning Stretches (BIS) <b>SO 10:30</b> Roly-Poly (BIS) <b>SO 1:30</b> Mocktails (BIS) <b>EM 2:30</b> Saturday Cinema (AN) <b>EM 3:30</b> Whac-a-Mole (CY) <b>EM 4:30</b> Saturday Cinema (AN)</p>
<p><b>26</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>SO 9:30</b> Sunday-Fun-Day (BIS) <b>EM 10:30</b> Art Club (BIS) <b>PH 1:30</b> Honor Society Fitness Class (BIS) <b>SO 2:30</b> Sunday smoothie (BIS) <b>PH 3:30</b> Balloon Volleyball (AN)</p>	<p><b>27</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>11:15</b> Lunch Bunch <b>IN 1:30</b> This Week in History (BIS) <b>PH 2:00</b> Yoga with Sana (BN) <b>SO 2:30</b> Happy Hour (BIS) <b>EM 3:30</b> Art Class (BIS) <b>EM 5:30</b> Musical Mondays (AN)</p>	<p><b>28</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Book Club w/ Sandy (RR) <b>IN 1:30</b> Trivia Tuesdays! (BIS) <b>SO 2:30</b> Sippin' Social Features Jelly Bean Roulette (BIS) <b>PH 3:30</b> Put Put (BN) <b>EM 5:30</b> Sci-Fi Movie Night (BIS)</p>	<p><b>29</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>EM 1:30</b> Where in the World? (BN) <b>EM 2:30</b> Cooking Class <b>SO 3:30</b> Table Tennis (BIS) <b>EM 5:30</b> Western Wednesdays (AN)</p>	<p><b>30</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>PH 10:30</b> Morning Mediation (AN) <b>PH 1:30</b> Staying Fit with Kim (BN) <b>SO 2:30</b> Pie O'Clock (BIS) <b>SO 3:30</b> Perpetual Calendar (BIS) <b>IN 4:30</b> Dinner Theater (BIS)</p>	<p><b>31</b> <b>SO 8:30</b> The Daily Chronicle (BIS) <b>PH 9:30</b> 31 Days of Fitness <b>SO 10:30</b> Eldergrow <b>IN 1:30</b> Brain Games <b>SO 2:30</b> Happy Hour (BIS) <b>PH 3:30</b> Wii Sports (BN) <b>EM 5:30</b> Funny Friday (AN)</p>	