

2:30 so Sunday smoothie (BIS)
3:30 PH Balloon Volleyball (AN)

Music (BIS)

5:30 Musical Mondays (AN)

CH 2025

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	8:30 SO Let's Get Physical! (AN) 9:30 Morning Stretches (BIS) 10:30 SO Roly-Poly (BIS) 1:30 SO Honor Society Fitness Class (AN) 2:30 Mocktails (BIS) 3:30 Saturday Cinema (CY)
et Physical! (AN) and Current Events ow y Stations (BN) Hour (BIS) g (BN) Friday (AN)	8:30 Det's Get Physical! (AN) 9:30 Morning Stretches (BIS) 10:30 Roly-Poly (BIS) 1:30 Honor Society Fitness Class (AN) 2:30 Mocktails (BIS) 3:30 Saturday Cinema (CY)
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	Happy Birthday Mar 15 Damien Elsen

	SENIOR	LIVING	MONARCH	HOUSE			
	SUN	MON	TUE	WED	THU	FRI	SAT
	TAV = Tavern OS = Off Site CHA = Chapel 2SN = 2nd Floor South Neighborhood THE = Theater 1NN = 1st Floor North Neighborhood LIB = Library DR = Dining Room	IN INTELLECTUAL CE COMMUNITY ENGAGEMENT PH PHYSICAL SO SOCIAL EM EMOTIONAL SP SPIRITUAL	SUBJECT TO CHANGE	Virtual Church Services 8:30am New Creations 9:00am Emanuel Lutheran 10:00am Good Shepard Lutheran 10:00am St. Barnabas Episcopal			8:30 50 Let's Get Physical! (AN) 9:30 Morning Stretches (BIS) 10:30 50 Roly-Poly (BIS) 1:30 50 Honor Society Fitness Class (AN) 2:30 Mocktails (BIS) 3:30 Saturday Cinema (CY)
	8:30 Det's Get Physical! (AN) 9:30 So Sunday-Fun-Day (BIS) 10:30 Art Club (BIS) 1:30 Honor Society Fitness Class (BIS) 2:30 So Sunday smoothie (BIS) 3:30 Balloon Volleyball (AN)	8:30 SO Let's Get Physical! (AN) 9:30 PM Coffee and Current Events 10:30 SO Eldergrow 11:15 Lunch Bunch 1:30 NAME Armchair Travel (BIS) 2:00 PM Yoga with Sana (BN) 2:30 SO Themed Happy Hour: Karaoke Night 3:30 Create and Reflect: Mardi Gras Masks 5:30 Musical Mondays (AN)	8:30 SD Let's Get Physical! (AN) 9:30 PM Coffee and Current Events 10:30 SD Book Club w/ Sandy (RR) 12:30 PM Mini Golf (BN) 1:30 N Hidden Objects- Interactive T.V 2:30 SD Fat Tuesday: Mardi Gras Party 3:30 Bingo! (BN) 5:30 SCi-Fi Movie Night (BIS)	8:30 SO Let's Get Physical! (AN) 9:30 Coffee and Current Events 10:30 SO Eldergrow 12:30 SO Wednesday Movie: (AN) 1:30 M Where in the World? (BN) 2:30 M Cooking Class 3:30 Spelling Bee (AN) 5:30 M Western Wednesdays (AN)	8:30 SO Let's Get Physical! (AN) 9:30 PH Coffee and Current Events 10:30 PH Morning Mediation (AN) 12:30 SO March Door Decor (BN) 1:30 PH Staying Fit with Kim (BN) 2:30 SO Pie O'Clock (BIS) 3:30 Beauty Bar 4:30 Dinner Theater (BIS)	8:30 SO Let's Get Physical! (AN) 9:30 PH Coffee and Current Events 10:30 SO Eldergrow 12:30 NACTIVITY Stations (BN) 1:30 Men's Club 2:30 SO Happy Hour (BIS) 3:30 PH Bowling (BN) 5:30 M Funny Friday (AN)	8:30 SO Let's Get Physical! (AN) 9:30 Morning Stretches (BIS) 10:30 SO Roly-Poly (BIS) 1:30 SO Honor Society Fitness Class (AN) 2:30 M Mocktails (BIS) 3:30 Saturday Cinema (CY)
	8:30 SO Let's Get Physical! (AN) 9:30 SO Sunday-Fun-Day (BIS) 10:30 Art Club (BIS) 1:30 Honor Society Fitness Class (BIS) 2:30 SO Sunday smoothie (BIS) 3:30 HOND Balloon Volleyball (AN)	8:30 SO Let's Get Physical! (AN) 9:30 PM Coffee and Current Events 10:30 SO Eldergrow 11:15 Lunch Bunch 1:30 N Armchair Travel (BIS) 2:00 PM Yoga with Sana (BN) 2:30 SO Themed Happy Hour: Toga Party! 3:30 N Create and Reflect (BIS) 5:30 M Musical Mondays (AN)	8:30 SO Let's Get Physical! (AN) 9:30 PH Coffee and Current Events 10:30 SO Book Club w/ Sandy (RR) 12:30 PH Mini Golf (BN) 1:30 PH Hidden Objects- Interactive T.V 2:30 SO Sippin' Social- Features Jelly Bean Roulette (BIS) 3:30 Bingo! (BN) 5:30 SCI-FI Movie Night (BIS)	8:30 SO Let's Get Physical! (AN) 9:30 PH Coffee and Current Events 10:30 SO Eldergrow 12:30 SO Wednesday Movie: (AN) 1:30 SO Where in the World? (BN) 2:30 SO Cooking Class 3:30 Crosswords (AN) 5:30 SM Western Wednesdays (AN)	8:30 so Let's Get Physical! (AN) 9:30 PP Coffee and Current Events 10:30 PP Morning Mediation (AN) 12:30 so Crochet Scrapbook Covers (BIS) 1:30 PP Staying Fit with Kim (BN) 2:30 so Pie O'Clock (BIS) 3:30 Beauty Bar (BIS) 4:30 Dinner Theater (BIS)	8:30 SO Let's Get Physical! (AN) 9:30 PH Coffee and Current Events 10:30 SO Eldergrow 12:30 N Activity Stations (BN) 1:30 Men's Club 2:30 SO Happy Hour (BIS) 3:30 PH Bowling (BN) 5:30 Funny Friday (AN)	8:30 so Let's Get Physical! (AN) 9:30 Morning Stretches (BIS) 10:30 So Roly-Poly (BIS) 1:30 So Honor Society Fitness Class (AN) 2:30 Mocktails (BIS) 3:30 Saturday Cinema (CY)
	8:30 SO Let's Get Physical! (AN) 9:30 SO Sunday-Fun-Day (BIS) 10:30 March Madness: Selection Day (BIS) 1:30 Methor Society Fitness Class (BIS) 2:30 SO Sunday smoothie (BIS) 3:30 Balloon Volleyball (AN)	8:30 SO Let's Get Physical! (AN) 9:30 PP Coffee and Current Events 10:30 SO Eldergrow 11:15 Lunch Bunch 1:30 IN Armchair Travel (BIS) 2:00 PP Yoga with Sana (BN) 2:30 SO Themed Happy Hour: St. Patty's Day 3:30 IM Create and Reflect: Lucky Charms 5:30 IM Musical Mondays (AN)	8:30 SO Let's Get Physical! (AN) 9:30 PH Coffee and Current Events 10:30 SO Book Club w/ Sandy (RR) 12:30 PH Mini Golf (BN) 1:30 PH Hidden Objects- Interactive T.V 2:30 SO Sippin' Social- Features Jelly Bean Roulette (BIS) 3:30 Bingo! (BN) 5:30 SCI-Fi Movie Night (BIS)	8:30 SO Let's Get Physical! (AN) 9:30 PH Coffee and Current Events 10:30 SO Eldergrow 12:30 SO Wednesday Movie: (AN) 1:30 SO Where in the World? (BN) 2:30 SO Cooking Class 3:30 Spelling Bee (AN) 5:30 Western Wednesdays (AN)	8:30 So Let's Get Physical! (AN) 9:30 PH Coffee and Current Events 10:30 PH Morning Mediation (AN) 12:30 So Tie Dye Summer Shirts (BIS) 1:30 PH Staying Fit with Kim (BN) 2:30 So Pie O'Clock (BIS) 3:30 Beauty Bar (BIS) 4:30 Dinner Theater (BIS)	8:30 SO Let's Get Physical! (AN) 9:30 PM Coffee and Current Events 10:30 SO Eldergrow 12:30 NACTIVITY Stations (BN) 1:30 Men's Club 2:30 SO Happy Hour (BIS) 3:30 PM Bowling (BN) 5:30 Funny Friday (AN)	8:30 SO Let's Get Physical! (AN) 9:30 Morning Stretches (BIS) 10:30 SO Roly-Poly (BIS) 1:30 SO Honor Society Fitness Class (AN) 2:30 Mocktails (BIS) 3:30 Saturday Cinema (CY)
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