



ROARING FORK
SENIOR LIVING



MARCH 2025

MONARCH HOUSE

SUN

MON

TUE

WED

THU

FRI

SAT

TAV = Tavern
OS = Off Site
CHA = Chapel
2SN = 2nd Floor South Neighborhood
THE INN = Theater
= 1st Floor North Neighborhood
LIB = Library
DR = Dining Room

IN INTELLECTUAL
CE COMMUNITY ENGAGEMENT
PH PHYSICAL
SO SOCIAL
EM EMOTIONAL
SP SPIRITUAL

**ALL ACTIVITIES ARE
SUBJECT TO CHANGE**

Virtual Church Services

8:30am New Creations
9:00am Emanuel Lutheran
10:00am Good Shepard Lutheran
10:00am St. Barnabas Episcopal

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Morning Stretches (BIS)
10:30 **SO** Roly-Poly (BIS)
1:30 **SO** Honor Society Fitness Class (AN)
2:30 **EM** Mocktails (BIS)
3:30 **EM** Saturday Cinema (CY)

8:30 **SO** Let's Get Physical! (AN)
9:30 **SO** Sunday-Fun-Day (BIS)
10:30 **EM** Art Club (BIS)
1:30 **PH** Honor Society Fitness Class (BIS)
2:30 **SO** Sunday smoothie (BIS)
3:30 **PH** Balloon Volleyball (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
11:15 Lunch Bunch
1:30 **IN** Armchair Travel (BIS)
2:00 **PH** Yoga with Sana (BN)
2:30 **SO** Themed Happy Hour: Karaoke Night
3:30 **EM** Create and Reflect: Mardi Gras Masks
5:30 **EM** Musical Mondays (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Book Club w/ Sandy (RR)
12:30 **PH** Mini Golf (BN)
1:30 **IN** Hidden Objects- Interactive T.V
2:30 **SO** Fat Tuesday: Mardi Gras Party
3:30 Bingo! (BN)
5:30 **EM** Sci-Fi Movie Night (BIS)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
12:30 **SO** Wednesday Movie: (AN)
1:30 **EM** Where in the World? (BN)
2:30 **EM** Cooking Class
3:30 Spelling Bee (AN)
5:30 **EM** Western Wednesdays (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **PH** Morning Meditation (AN)
12:30 **SO** March Door Decor (BN)
1:30 **PH** Staying Fit with Kim (BN)
2:30 **SO** Pie O'Clock (BIS)
3:30 Beauty Bar
4:30 **IN** Dinner Theater (BIS)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
12:30 **IN** Activity Stations (BN)
1:30 Men's Club
2:30 **SO** Happy Hour (BIS)
3:30 **PH** Bowling (BN)
5:30 **EM** Funny Friday (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Morning Stretches (BIS)
10:30 **SO** Roly-Poly (BIS)
1:30 Honor Society Fitness Class (AN)
2:30 **EM** Mocktails (BIS)
3:30 **EM** Saturday Cinema (CY)

8:30 **SO** Let's Get Physical! (AN)
9:30 **SO** Sunday-Fun-Day (BIS)
10:30 **EM** Art Club (BIS)
1:30 **PH** Honor Society Fitness Class (BIS)
2:30 **SO** Sunday smoothie (BIS)
3:30 **PH** Balloon Volleyball (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
11:15 Lunch Bunch
1:30 **IN** Armchair Travel (BIS)
2:00 **PH** Yoga with Sana (BN)
2:30 **SO** Themed Happy Hour: Toga Party!
3:30 **EM** Create and Reflect (BIS)
5:30 **EM** Musical Mondays (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Book Club w/ Sandy (RR)
12:30 **PH** Mini Golf (BN)
1:30 **IN** Hidden Objects- Interactive T.V
2:30 **SO** Sippin' Social- Features Jelly Bean Roulette (BIS)
3:30 Bingo! (BN)
5:30 **EM** Sci-Fi Movie Night (BIS)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
12:30 **SO** Wednesday Movie: (AN)
1:30 **EM** Where in the World? (BN)
2:30 **EM** Cooking Class
3:30 Crosswords (AN)
5:30 **EM** Western Wednesdays (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **PH** Morning Meditation (AN)
12:30 **SO** Crochet Scrapbook Covers (BIS)
1:30 **PH** Staying Fit with Kim (BN)
2:30 **SO** Pie O'Clock (BIS)
3:30 Beauty Bar (BIS)
4:30 **IN** Dinner Theater (BIS)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
12:30 **IN** Activity Stations (BN)
1:30 Men's Club
2:30 **SO** Happy Hour (BIS)
3:30 **PH** Bowling (BN)
5:30 **EM** Funny Friday (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Morning Stretches (BIS)
10:30 **SO** Roly-Poly (BIS)
1:30 Honor Society Fitness Class (AN)
2:30 **EM** Mocktails (BIS)
3:30 **EM** Saturday Cinema (CY)

8:30 **SO** Let's Get Physical! (AN)
9:30 **SO** Sunday-Fun-Day (BIS)
10:30 **EM** March Madness: Selection Day (BIS)
1:30 **PH** Honor Society Fitness Class (BIS)
2:30 **SO** Sunday smoothie (BIS)
3:30 **PH** Balloon Volleyball (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
11:15 Lunch Bunch
1:30 **IN** Armchair Travel (BIS)
2:00 **PH** Yoga with Sana (BN)
2:30 **SO** Themed Happy Hour: St. Patty's Day
3:30 **EM** Create and Reflect: Lucky Charms
5:30 **EM** Musical Mondays (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Book Club w/ Sandy (RR)
12:30 **PH** Mini Golf (BN)
1:30 **IN** Hidden Objects- Interactive T.V
2:30 **SO** Sippin' Social- Features Jelly Bean Roulette (BIS)
3:30 Bingo! (BN)
5:30 **EM** Sci-Fi Movie Night (BIS)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
12:30 **SO** Wednesday Movie: (AN)
1:30 **EM** Where in the World? (BN)
2:30 **EM** Cooking Class
3:30 Spelling Bee (AN)
5:30 **EM** Western Wednesdays (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **PH** Morning Meditation (AN)
12:30 **SO** Tie Dye Summer Shirts (BIS)
1:30 **PH** Staying Fit with Kim (BN)
2:30 **SO** Pie O'Clock (BIS)
3:30 Beauty Bar (BIS)
4:30 **IN** Dinner Theater (BIS)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
12:30 **IN** Activity Stations (BN)
1:30 Men's Club
2:30 **SO** Happy Hour (BIS)
3:30 **PH** Bowling (BN)
5:30 **EM** Funny Friday (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Morning Stretches (BIS)
10:30 **SO** Roly-Poly (BIS)
1:30 Honor Society Fitness Class (AN)
2:30 **EM** Mocktails (BIS)
3:30 **EM** Saturday Cinema (CY)

8:30 **SO** Let's Get Physical! (AN)
9:30 **SO** Sunday-Fun-Day (BIS)
10:30 **EM** Art Club (BIS)
1:30 **PH** Honor Society Fitness Class (BIS)
2:30 **SO** Sunday smoothie (BIS)
3:30 **PH** Balloon Volleyball (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
11:15 Lunch Bunch
1:30 **IN** Armchair Travel (BIS)
2:00 **PH** Yoga with Sana (BN)
2:30 **SO** Themed Happy Hour: Trivia Night!
3:30 **EM** Create and Reflect (BIS)
5:30 **EM** Musical Mondays (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Book Club w/ Sandy (RR)
12:30 **PH** Mini Golf (BN)
1:30 **IN** Hidden Objects- Interactive T.V
2:30 **SO** Sippin' Social- Features Jelly Bean Roulette (BIS)
3:30 Bingo! (BN)
5:30 **EM** Sci-Fi Movie Night (BIS)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
12:30 **SO** Wednesday Movie: (AN)
1:30 **EM** Where in the World? (BN)
2:30 **EM** Cooking Class
3:30 Crosswords (AN)
5:30 **EM** Western Wednesdays (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **PH** Morning Meditation (AN)
12:30 **SO** March Scrapbook Page (BIS)
1:30 **PH** Staying Fit with Kim (BN)
2:30 **SO** Pie O'Clock (BIS)
3:30 Beauty Bar (BIS)
4:30 **IN** Dinner Theater (BIS)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
12:30 **IN** Activity Stations (BN)
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8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Morning Stretches (BIS)
10:30 **SO** Roly-Poly (BIS)
1:30 Honor Society Fitness Class (AN)
2:30 **EM** Mocktails (BIS)
3:30 **EM** Saturday Cinema (CY)

8:30 **SO** Let's Get Physical! (AN)
9:30 **SO** Sunday-Fun-Day (BIS)
10:30 **EM** Art Club (BIS)
1:30 **PH** Honor Society Fitness Class (BIS)
2:30 **SO** Sunday smoothie (BIS)
3:30 **PH** Balloon Volleyball (AN)

8:30 **SO** Let's Get Physical! (AN)
9:30 **PH** Coffee and Current Events
10:30 **SO** Eldergrow
11:15 Lunch Bunch
1:30 **IN** Armchair Travel (BIS)
2:00 **PH** Yoga with Sana (BN)
2:30 **SO** Themed Happy Hour: Make Your Music (BIS)
3:30 **EM** Create and Reflect (BIS)
5:30 **EM** Musical Mondays (AN)

**Happy Birthday
Mar 15
Damien Elsen**