



JUNE 2025

MONARCH HOUSE

SUN

MON

TUE

WED

THU

FRI

SAT

PH 9:30 Balloon Volleyball (AN) EM 10:30 Art Club (BIS) IN 12:30 Alpaca Farm (OS) SO 2:00 Sunday Smoothies EM 3:00 Grow Together (BIS) EM 3:30 Sunshine Therapy (CY)	1 SO 9:30 Monday Morning Conversation SO 10:00 Eldergrow SO 11:15 Lunch Bunch (OS) PH 2:00 Yoga W/Sana (AN) SO 2:30 Happy Hour (BIS) IN 3:00 This Week in History (DR) IN 4:00 Think Tank (BIS) EM 5:15 Mystery Mondays (AN)	2 PH 8:30 Zumba Class (BIS) SO 10:00 Book Club w/Sandy (RR) IN 1:30 River Side Walk (BIS) SO 2:30 Sippin' Social (BIS) EM 3:30 Painting Group (BIS) EM 4:00 Did You Know? (BIS) EM 5:15 Sci-Fi Movie Night (BIS)	3 CE 9:30 Coffee & Donuts (DR) SO 10:00 Eldergrow PH 1:30 Fun In The Sun (CY) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN) EM 5:15 Western Wednesdays (AN)	4 SO 9:30 Rise and Shine Social (CY) PH 10:30 Movin' & Groovin' IN 10:30 River Side Walk (OS) PH 1:30 Keeping Fit W/Kim (BN) SO 2:30 Bagelfest! (BIS) SO 3:30 View Point (DR) IN 4:30 Dinner Theater (BIS)	5 SO 9:30 Friday Coffee Social (BIS) SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 1:30 Brain Games IN 2:30 Happy Hour (BIS) SO 3:30 Funny Friday (BIS) IN 4:00 Think Tank (BIS) EM 5:15 Romance Movie Night (AN)	6 PH 9:30 Morning Stretches (BIS) PH 10:00 Cornhole (BN) SO 1:00 Mocktails (BIS) EM 2:30 Saturday Cinema (AN) EM 3:30 Sunshine Therapy (CY)	7
PH 9:30 Ball Game (AN) EM 10:30 Art Club (BIS) SO 11:30 Lunch At The Park (Two Rivers) (OS) SO 1:30 BINGO! (BIS) SO 2:00 Sunday Smoothies IN 3:00 Sensory Sundays (BIS) EM 3:30 Sunshine Therapy (CY)	8 SO 9:30 Monday Morning Conversation SO 10:00 Eldergrow SO 11:15 Lunch Bunch (OS) PH 2:00 Yoga W/Sana (AN) SO 2:30 Happy Hour (BIS) IN 3:00 This Week in History (DR) IN 4:00 Think Tank (BIS) EM 5:15 Mystery Mondays (AN)	9 PH 8:30 Zumba Class (BIS) SO 10:00 Book Club w/Sandy (RR) IN 1:30 River Side Walk (BIS) SO 2:30 Sippin' Social (BIS) EM 3:30 Painting Group (BIS) EM 4:00 Did You Know? (BIS) EM 5:15 Sci-Fi Movie Night (BIS)	10 CE 9:30 Coffee & Donuts (DR) SO 10:00 Eldergrow PH 1:30 Fun In The Sun (CY) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN) EM 5:15 Western Wednesdays (AN)	11 SO 9:30 Rise and Shine Social (CY) PH 10:30 Movin' & Groovin' IN 10:30 River Side Walk (OS) PH 1:30 Keeping Fit W/Kim (BN) SO 2:30 Bagelfest! (BIS) SO 3:30 View Point (DR) IN 4:30 Dinner Theater (BIS)	12 SO 9:30 Friday Coffee Social (BIS) SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 1:30 Brain Games IN 2:30 Happy Hour (BIS) SO 3:30 Funny Friday (BIS) IN 4:00 Think Tank (BIS) EM 5:15 Romance Movie Night (AN)	13 PH 9:30 Morning Stretches (BIS) PH 10:00 Cornhole (BN) SO 1:00 Carbondale Art (OS) EM 2:30 Saturday Cinema (AN) EM 3:30 Sunshine Therapy (CY)	14
PH 9:30 Ball Game (AN) EM 10:30 Art Club (BIS) SO 1:30 Dominoes! (BIS) SO 2:00 Sunday Smoothies IN 3:00 Sensory Sundays (BIS) EM 3:30 Sunshine Therapy (CY)	15 SO 9:30 Monday Morning Conversation SO 10:00 Eldergrow SO 11:15 Lunch Bunch (OS) PH 2:00 Yoga W/Sana (AN) SO 2:30 Happy Hour (BIS) IN 3:00 This Week in History (DR) IN 4:00 Think Tank (BIS) EM 5:15 Mystery Mondays (AN)	16 PH 8:30 Zumba Class (BIS) SO 10:00 Book Club w/Sandy (RR) IN 1:30 River Side Walk (BIS) SO 2:30 Sippin' Social (BIS) EM 3:30 Painting Group (BIS) EM 4:00 Did You Know? (BIS) EM 5:15 Sci-Fi Movie Night (BIS)	17 CE 9:30 Coffee & Donuts (DR) SO 10:00 Eldergrow PH 1:30 Fun In The Sun (CY) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN) EM 5:15 Western Wednesdays (AN)	18 SO 9:30 Rise and Shine Social (CY) PH 10:30 Movin' & Groovin' IN 10:30 River Side Walk (OS) PH 1:30 Keeping Fit W/Kim (BN) SO 2:30 Bagelfest! (BIS) SO 3:30 View Point (DR) IN 4:30 Dinner Theater (BIS)	19 SO 9:30 Friday Coffee Social (BIS) SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 1:30 Brain Games IN 2:30 Happy Hour (BIS) SO 3:30 Funny Friday (BIS) IN 4:00 Think Tank (BIS) EM 5:15 Romance Movie Night (AN)	20 PH 9:30 Morning Stretches (BIS) PH 10:00 Cornhole (BN) SO 1:00 Mocktails (BIS) EM 2:30 Saturday Cinema (AN) EM 3:30 Sunshine Therapy (CY)	21
PH 9:30 Ball Game (AN) EM 10:30 Art Club (BIS) SO 1:30 BINGO! (BIS) SO 2:00 Sunday Smoothies IN 3:00 Sensory Sundays (BIS) EM 3:30 Sunshine Therapy (CY)	22 SO 9:30 Monday Morning Conversation SO 10:00 Eldergrow SO 11:15 Lunch Bunch (OS) PH 2:00 Yoga W/Sana (AN) SO 2:30 Happy Hour (BIS) IN 3:00 This Week in History (DR) IN 4:00 Think Tank (BIS) EM 5:15 Mystery Mondays (AN)	23 PH 8:30 Zumba Class (BIS) SO 10:00 Book Club w/Sandy (RR) IN 1:30 River Side Walk (BIS) SO 2:30 Sippin' Social (BIS) EM 3:30 Painting Group (BIS) EM 4:00 Did You Know? (BIS) EM 5:15 Sci-Fi Movie Night (BIS)	24 CE 9:30 Coffee & Donuts (DR) SO 10:00 Eldergrow PH 1:30 Fun In The Sun (CY) SO 2:30 Pie O'Clock (BIS) SO 3:30 Puzzles (BIS) EM 4:00 Where in the World? (BN) EM 5:15 Western Wednesdays (AN)	25 SO 9:30 Rise and Shine Social (CY) PH 10:30 Movin' & Groovin' IN 10:30 River Side Walk (OS) PH 1:30 Keeping Fit W/Kim (BN) SO 2:30 Bagelfest! (BIS) SO 3:30 View Point (DR) IN 4:30 Dinner Theater (BIS)	26 SO 9:30 Friday Coffee Social (BIS) SO 10:00 Eldergrow PH 10:30 Pilates (AN) IN 1:30 Brain Games IN 2:30 Happy Hour (BIS) SO 3:30 Funny Friday (BIS) IN 4:00 Think Tank (BIS) EM 5:15 Romance Movie Night (AN)	27 PH 9:30 Morning Stretches (BIS) PH 10:00 Cornhole (BN) SO 1:00 Mocktails (BIS) EM 2:30 Saturday Cinema (AN) EM 3:30 Sunshine Therapy (CY)	28
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			Virtual Church Services 8:30am - New Creations Lutheran 9:00am - Emanuel Lutheran 10:00am - Good Shepard Lutheran 10:00am - St. Barnabas Episopal	BIS = Bistro BN = B Neighborhood DR = Dining Room AN = A Neighborhood CY = Courtyard OS = Off Site RR = Reading Room	IN Intellectual CE Community Engagement PH Physical SO Social EM Emotional SP Spiritual	All Activities Are Subject To Change	