



# May 2026

## The Lodge

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b>	<b>2</b>
					<b>9:00</b> Glenwood Hot Springs (OS) <b>1:00</b> Exercise with Brian <b>2:00</b> Plinko Board Game W/Brian (TAV) <b>3:00</b> Happy Hour - LIVE w/ Pat & Larry (TAV) <b>5:30</b> Evening Movie (THE)	<b>10:00</b> Exercise W/PowerBack (CHA) <b>11:00</b> Kentucky Derby History & Games - Lifeloop <b>2:00</b> Guess The Song - Game (TAV) <b>3:00</b> Rick Steves Travel Videos (THE) <b>5:30</b> Evening Movie (THE) <b>6:45</b> Kentucky Derby Race <b>6:45</b> Kentucky Derby Race
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>9:30</b> Nondenominational Church Services (CHA) <b>10:30</b> Morning Stretches <b>11:15</b> Church Communion (CHA) <b>1:00</b> BINGO <b>3:00</b> Life Loop - Family Feud (TAV) <b>5:30</b> Evening Movie (THE)	<b>9:00</b> Glenwood Hot Springs (OS) <b>10:00</b> Women's Club (TAV) <b>11:00</b> Arts and Crafts - Cinco de Mayo <b>1:00</b> Yoga with Kelly (CHA) <b>2:00</b> Conversations with Brian (TAV) <b>3:00</b> Happy Hour!!! (TAV) <b>5:30</b> Evening Movie (THE)	<b>10:30</b> Art & Culture /Cinco de Mayo -Lifeloop (TAV) <b>1:00</b> Exercise W/PowerBack (CHA) <b>2:00</b> Balloon Volleyball (CHA) <b>3:00</b> Cooking Class (OS) <b>5:30</b> Evening Movie (THE)	<b>9:00</b> Glenwood Hot Springs (OS) <b>9:30</b> Morning Stretches <b>10:30</b> Music Trivia - Life Loop <b>2:30</b> Shopping Trip - City Market (OS) <b>5:30</b> Evening Movie (THE)	<b>10:00</b> Daily Delights <b>11:15</b> Movie & Feast <b>1:00</b> Exercise W/PowerBack (CHA) <b>3:00</b> Mens Club! (TAV) <b>5:30</b> Evening Movie (THE)	<b>9:00</b> Glenwood Hot Springs (OS) <b>1:00</b> Exercise W/Brian (CHA) <b>2:00</b> Plinko Board Game W/Brian (TAV) <b>3:00</b> Happy Hour <b>5:30</b> Evening Movie (THE)	<b>10:00</b> Exercise W/PowerBack (CHA) <b>11:15</b> Movie N Feast (TAV) <b>2:00</b> Guess The Song - Game (TAV) <b>3:00</b> Rick Steves Travel Videos (THE) <b>5:30</b> Evening Movie (THE)
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b> 🎂	<b>15</b>	<b>16</b>
<b>9:30</b> Nondenominational Church Services (CHA) <b>10:30</b> Morning Movement & Music <b>10:30</b> Daily Delight Puzzles and Trivia <b>1:00</b> Balloon Volleyball (CHA) <b>2:00</b> Mother's Day Tea <b>5:30</b> Evening Movie (THE)	<b>9:00</b> Glenwood Hot Springs (OS) <b>1:00</b> Exercise (CHA) <b>2:00</b> Conversations with Brian (TAV) <b>3:00</b> Happy Hour!!! (TAV) <b>5:30</b> Evening Movie (THE)	<b>10:30</b> Art Activity (TAV) <b>1:00</b> Exercise W/Powerback (CHA) <b>2:00</b> Balloon Volleyball (CHA) <b>3:00</b> Library Trip (OS) <b>5:30</b> Evening Movie (THE)	<b>9:00</b> Glenwood Hot Springs (OS) <b>10:00</b> Exercise W/Brian (CHA) <b>1:00</b> Resident Council (TAV) <b>2:30</b> Shopping Trip - Walmart (OS) <b>5:30</b> Evening Movie (THE)	<b>10:00</b> Interactive TV - Lifeloop <b>11:15</b> Movie N Feast (TAV) <b>1:00</b> Exercise W/PowerBack (CHA) <b>3:00</b> Mens Club! (TAV) <b>5:30</b> Evening Movie (THE)	<b>9:00</b> Glenwood Hot Springs (OS) <b>10:30</b> Relax w/Immersive Video - Lifeloop <b>1:00</b> Exercise w/Brian (CHA) <b>2:00</b> Plinko Board Game W/Brian (TAV) <b>3:00</b> Happy Hour ! <b>5:30</b> Evening Movie (THE)	<b>9:30</b> Music Trivia / Games <b>10:00</b> Exercise W/PowerBack (CHA) <b>11:15</b> Movie N Feast <b>2:00</b> Guess The Hidden Item (TAV) <b>3:00</b> Rick Steves Travel Videos (THE) <b>5:30</b> Evening Movie (THE)

OS = Off Site, TAV = Tavern, THE = Theater, CHA = Chapel

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>17</b> <b>9:30</b> Nondenominational Church Services (CHA) <b>12:00</b> Morning Movement & Music <b>1:00</b> Bingo w/volunteers <b>3:00</b> Life Loop - Family Feud (TAV) <b>5:30</b> Evening Movie (THE)	<b>18</b> <b>9:00</b> Glenwood Hot Springs (OS) <b>10:00</b> Women's Club (TAV) <b>1:00</b> Yoga with Kelly (CHA) <b>2:00</b> Conversations with Brian (TAV) <b>3:00</b> Happy Hour!!! (TAV) <b>5:30</b> Evening Movie (THE)	<b>19</b> <b>10:00</b> Spring Art (TAV) <b>11:00</b> Daily Delight Trivia and Puzzles <b>1:00</b> Exercise W/PowerBack (CHA) <b>2:00</b> Balloon Volleyball (CHA) <b>3:00</b> Library Trip (OS) <b>5:30</b> Evening Movie (THE)	<b>20</b> <b>9:00</b> Glenwood Hot Springs (OS) <b>10:00</b> Exercise (CHA) <b>1:00</b> Culinary Chat (TAV) <b>1:30</b> Life Enrichment Resident Meeting (TAV) <b>2:30</b> Shopping Trip - Natural Grocers (OS) <b>5:30</b> Evening Movie (THE)	<b>21</b> <b>9:30</b> Relax w/Immersion Video -Lifeloop <b>11:15</b> Movie N Feast (TAV) <b>1:00</b> Exercise W/PowerBack (CHA) <b>3:00</b> Mens Club! (TAV) <b>5:30</b> Evening Movie (THE)	<b>22</b> <b>9:00</b> Glenwood Hot Springs (OS) <b>1:00</b> Exercise W/Brian (CHA) <b>2:00</b> Plinko Board Game W/Brian (TAV) <b>3:00</b> Happy Hour! LIVE with Pat&Larry <b>5:30</b> Evening Movie (THE)	<b>23</b> <b>10:00</b> Exercise W/PowerBack (CHA) <b>11:15</b> Movie N Feast <b>2:00</b> Guess The Song - Game (TAV) <b>3:00</b> Rick Steves Travel Videos (THE) <b>5:30</b> Evening Movie (THE)
<b>24</b> <b>9:30</b> Nondenominational Church Services (CHA) <b>12:00</b> Morning Movement & Music <b>1:00</b> Balloon Volleyball/volunteers <b>2:00</b> Pinwheels for Memorial Day <b>5:30</b> Evening Movie (THE)	<b>25</b> <b>9:00</b> Glenwood Hot Springs (OS) <b>1:00</b> Exercise (CHA) <b>2:00</b> Conversations with Brian (TAV) <b>3:00</b> Happy Hour!!! (TAV) <b>5:30</b> Evening Movie (THE)	<b>26</b> <b>10:30</b> Art s & Crafts (TAV) <b>12:00</b> Immersion Relaxation Video <b>1:00</b> Exercise W/PowerBack (CHA) <b>2:00</b> Balloon Volleyball (CHA) <b>5:30</b> Evening Movie (THE)	<b>27</b> <b>9:00</b> Glenwood Hot Springs (OS) <b>10:00</b> Exercise W/Brian (CHA) <b>11:00</b> Arts & Crafts <b>2:30</b> Shopping Trip - City Market (OS) <b>5:30</b> Evening Movie (THE)	<b>28</b> <b>10:30</b> Art s & Craft (CHA) <b>1:00</b> Exercise W/PowerBack (CHA) <b>2:00</b> Balloon Volleyball <b>3:00</b> Mens Club! (TAV) <b>5:30</b> Evening Movie (THE)	<b>29</b> <b>9:00</b> Glenwood Hot Springs (OS) <b>11:15</b> Movie N Feast (TAV) <b>1:00</b> Exercise w/Brian (CHA) <b>2:00</b> Plinko Board Game W/Brian (TAV) <b>3:00</b> Happy Hour - (TAV) <b>5:30</b> Evening Movie (THE)	<b>30</b> <b>10:00</b> Exercise W/PowerBack (CHA) <b>11:15</b> Movie N Feast <b>2:00</b> Interactive Game (TAV) <b>3:00</b> Rick Steves Travel Videos (THE) <b>5:30</b> Evening Movie (THE)
<b>31</b> 🎂	<b>Happy Birthday</b> 🎂					
<b>9:30</b> Nondenominational Church Services (CHA) <b>12:00</b> Morning Movement & Music <b>1:00</b> BINGO w/volunteers <b>2:00</b> Interactive games (TAV) <b>3:00</b> Life Loop - Family Feud (TAV) <b>5:30</b> Evening Movie (THE)	<b>May 14</b> Dick Uyehara	<b>May 31</b> Judy Genova				

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