



September 2026

Monarch House

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		9:30 Water and Plant Care (BIS) 10:30 Interactive Stretch (AN) 12:30 Craft Time! European Post Cards (COM) 1:30 Cooking Class! Tea and Biscuits (BIS) 2:00 Documentary Tour of Europe 5:30 Evening Movie (AN)	10:45 Yoga W/Whitney (AN) 11:15 Movie N Feast! (DR) 1:30 Balloon Volleyball (AN) 2:30 Hydration Hour Cheese and Crackers (AN) 3:30 Uno Card Game (RR) 5:30 Evening Movie (AN)	9:30 Coffee N Donuts (BIS) 10:30 Interactive Morning Stretch (AN) 12:30 Build the Eiffel Tower (BIS) 1:30 Insalata Caprese (AN) 1:30 LIVE MUSIC!! Jamie Dooley (AN) 2:30 Hydration Hour (BIS) 5:30 Evening Movie (AN)	9:30 Exercise Walk (COM) 10:30 Plant Care (BIS) 10:30 Interactive Morning Stretch (AN) 12:30 Craft Time! Sand Castles (BIS) 1:30 Famous European Castles (AN) 2:30 Hydration Hour! (BIS) 5:30 Evening Movie (AN)	10:00 Yoga and Stretches 10:30 Balloon Volleyball (AN) 1:00 Tactile Room Games 2:30 Europe Fun Facts (AN) 3:30 Photo Album Arrangements (BIS) 5:30 Evening Movie (AN)
6	7	8	9	10	11	12
9:30 Church Service (AN) 10:30 Interactive Morning Stretch (AN) 1:30 Fishing (BN) 2:30 Sunday Sip N Snack (BIS) 3:30 Interactive Tv Asia Week (AN) 5:30 Evening Movie (AN)	10:00 Monday Men's Club w/Brian (BIS) 10:30 Tai Chi & Yoga 12:30 Turtle with Seashells (COM) 1:15 Rick Steves - Travel (AN) 2:30 Hydration Hour (BIS) 5:30 Evening Movie (AN)	10:30 Interactive Morning Stretch (AN) 12:30 Craft Time! Cherry Blossum Painting (COM) 1:30 LIVE MUSIC !! Jimmy B 2:30 Rick Steves Travel Channel 2:30 Cooking Class! Green tea and Cookies (BIS) 5:30 Evening Movie (AN)	10:00 Wednesday Watering /Plant Care 10:45 Yoga W/Whitney (AN) 11:15 Movie N Feast! (DR) 1:30 Balloon Volleyball (AN) 2:30 Hydration Hour w/ POCKY (AN) 3:30 Pandas in Asia (RR) 5:30 Evening Movie (AN)	9:30 Coffee N Donuts (BIS) 10:30 Interactive Morning Stretch (AN) 12:30 Great Wall of China Tour (BIS) 1:30 Courtyard Conversations (AN) 2:30 Hydration Hour w/Seaweed Snack (BIS) 5:30 Evening Movie (AN)	9:30 Exercise Walk (COM) 10:30 Plant Care (BIS) 10:30 Interactive Stretch (AN) 12:30 Craft Time! Origami (BIS) 2:30 Happy Hour! (BIS) 5:30 Evening Movie (AN)	10:00 Yoga and Stretches 10:30 Balloon Volleyball (AN) 1:00 Tactile Room Games 1:30 Asia Facts (RR) 3:30 Photo Album Arrangements (BIS) 5:30 Evening Movie (AN)
13	14 🍰	15	16	17	18	19
9:30 Church Service (AN) 10:30 Interactive Morning Stretch (AN) 12:30 Introduction to South America (AN) 1:30 Water Pong!! (BN) 2:30 Sunday Sip N Snack (BIS) 5:30 Evening Movie (AN)	10:30 Monday Maintenance/Plant Care (BIS) 10:30 Morning Yoga and Stretches 1:15 Rick Steves - African Country (AN) 2:30 Hydration Hour (BIS) 5:30 Evening Movie (AN)	9:30 Tea Party! (BIS) 10:30 Yoga and Stretches 12:30 Craft Time! Mason Jar Painting (COM) 1:30 Cooking Class! Plantain Chips (BIS) 2:00 Documentary MOVies 2:30 Rick Steves Travel Channel 5:30 Evening Movie (AN)	10:00 Wednesday Watering /Plant Care 10:45 Yoga W/Whitney (AN) 11:15 Movie N Feast! African Queen (DR) 1:30 Balloon Volleyball (AN) 2:30 Hydration Hour Dulce De Leche Treats (AN) 3:30 Uno Card Game (RR) 5:30 Evening Movie (AN)	9:30 tropical Fruit Snack (BIS) 10:30 Interactive Morning Stretch (AN) 12:30 Amazon River Documentary (BIS) 1:30 Courtyard Conversations (AN) 2:30 Hydration Hour (BIS) 3:00 Family Council (DR) 5:30 Evening Movie (AN)	10:30 Plant Care (BIS) 10:30 Interactive Morning Stretch (AN) 12:30 S. America's Fun Facts (BIS) 1:30 Famous Landmarks in S.America (AN) 2:30 Hydration Hour! (BIS) 5:30 Evening Movie (AN)	10:30 Interactive Tai Chi Stretch (AN) 11:30 Balloon Volleyball (AN) 1:30 Carnival Masks (RR) 2:30 Name The Item/Landmark from South America (AN) 3:30 Photo Album Arrangements (BIS) 5:30 Evening Movie (AN)

BIS = Bistro, AN = A Neighborhood, COM = Community, DR = Dining Room, RR = Reading Room, BN = B Neighborhood

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21	22	23	24	25	26
9:30 Church Service (AN) 10:30 Interactive Stretch (AN) 1:30 Water Pong!! (BN) 2:30 Sunday Sip N Snack (BIS) 3:30 Africa (BIS) 5:30 Evening Movie (AN)	10:30 Monday Maintenance/ Plant Care (BIS) 10:30 Interactive Morning Stretch (AN) 12:30 Rock Painting (COM) 1:15 Rick Steves - Travel (AN) 2:30 Hydration Hour (BIS) 5:30 Evening Movie (AN)	9:30 Tea Party! (BIS) 10:30 Interactive Morning Stretch (AN) 12:30 African Sunsets/ Paint (COM) 1:30 Cooking Class! Dried Fruit (BIS) 2:00 LIVE MUSIC!! Jimmy Byrne 2:30 Rick Steves Travel Channel Africa 5:30 Evening Movie (AN)	10:00 Wednesday Watering /Plant Care 10:45 Yoga W/Whitney (AN) 11:15 Movie N Feast! (DR) 1:30 Balloon Volleyball (AN) 2:30 African Beef Jerky Treat (AN) 5:30 Evening Movie (AN)	9:30 Coffee N Donuts (BIS) 10:30 Interactive Morning Stretch (AN) 12:30 Aboriginal Dot Paints (BIS) 1:30 Courtyard Conversations (AN) 2:30 Hydration Hour (BIS) 5:30 Evening Movie (AN)	10:30 Plant Care (BIS) 10:30 Interactive Morning Stretch (AN) 12:30 African Drum Circle (BIS) 1:30 Life Loop - Family Feud (AN) 2:30 Hydration Hour! (BIS) 5:30 Evening Movie (AN)	10:00 Interactive Morning Stretch (AN) 10:30 Balloon Volleyball (AN) 1:00 Tactile Room Games 1:30 Great Barrier Reef (RR) 2:30 African Countries Facts Game (AN) 5:30 Evening Movie (AN)
27	28	29	30	Happy Birthday 🎂		
9:30 Church Service (AN) 10:30 Interactive Morning Stretch (AN) 1:30 Water Pong!! (BN) 2:30 Sunday Sip N Snack (BIS) 3:30 Life Loop -Safari (BIS) 5:30 Evening Movie (AN)	10:00 Monday Maintenance/ Plant Care (BIS) 10:30 Interactive Morning Stretch (AN) 12:30 Library Adventure (COM) 1:15 Rick Steves - Travel (AN) 2:30 Hydration Hour (BIS) 5:30 Evening Movie (AN)	10:00 Morning Yoga and Stretches 12:00 Craft with Animal Prints 1:30 Cooking Class! Animal Crackers (BIS) 2:00 Documentary Movies SAFARI 2:30 Rick Steves Travel Channel 5:30 Evening Movie (AN)	10:00 Wednesday Watering /Plant Care 10:45 Yoga W/Whitney (AN) 11:15 Movie N Feast! (DR) 1:30 Balloon Volleyball (AN) 2:30 Hydration Hour (AN) 3:30 Favorite Countries (RR) 5:30 Evening Movie (AN)	Sep 14 James Risser		

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